

**CORD-IGIDR-NIN-University of Texas (Austin) Survey on  
Women's Empowerment in Nutrition  
Short Survey 2018-19**

***Individual Questionnaire***

Fill this questionnaire after the household questionnaire has been completed. This questionnaire is administered to all respondents. If the respondent is the Index Woman, the please administer the Fertility Questionnaire as well.

**1.General Details**

| Sl. No. | Detail                                  | Code  | Response       |
|---------|---|---|----------------|
| 1       | State                                   | 1=Kerala<br>2=Tamil Nadu<br>3=West Bengal   |                |
| 2       | District                                | 1=Wayanad<br>2= Dindigul<br>3=<<to be filled>>  |                |
| 3       | Block                                   | <<dropdown>>  |                |
| 4       | Gram Panchayat                          | <<dropdown>>  |                |
| 5       | Village                                 | <<dropdown>>  |                |
| 6       | Cluster                                 | <<dropdown>>  |                |
| 7       | Household Number                        |   |                |
| 9       | Date of Interview                       | DD/MM/2019  | ____/____/2019 |
| 10a     | Respondent Code                         |   |                |
| 10b     | Respondent Name                         |   |                |
| 11      | Sex                                     | 1=Male<br>0=Female  |                |
| 12      | Age                                     | In completed years  |                |
| 13      | Relationship to Index woman in roster   | 0= WENI woman 1 (young mother with child under the age of 5 years<br>1= WENI woman 2 (young mother with child under the age of 5 years<br>2= WENI woman 3 (young mother with child under the age of 5 years<br>3= Spouse 1<br>4= Spouse 2<br>5= Spouse 3<br>6=Mother in law 1<br>7=Mother in law 2<br>8=Older woman<br>77=Other (Specify) |                |
| 14      | Was anyone present during the interview | 0=No<br>1=For a brief while<br>2=For most or all the time   |                |



**SECTION 1: WORK AND INCOME**

|          |  |   |  |
|----------|--|---|--|
|          | <b>We would like to know about the kinds of work you have done in the past one year</b> - we will focus on each type of work [Investigator: Be clear about these categories]                           |   |  |
| <b>A</b> | <b>Paid work as employee</b>   | 0=No [Go to Q1]<br>1=Yes[Go to Q2]  |  |
| 1        | If A=0, i.e., you did not engage in paid work, what is the <i>primary/main reason</i> that you did not [Do not prompt] Go to Q8  | 1= I wanted to but none of this type of work was available that would be suitable for me<br>2= I wanted to but family would not allow<br>3= I wanted to but too many responsibilities<br>4= I did not want to work<br>5=Could not work because of health/disability/physical condition<br>77=Others (specify)                     |  |
| 2        | →If A= 1, In the past one year, was the decision to do paid work entirely your own [She/he may have asked for permission, that's OK we want to know if the initiative came from her/him] Skip Q3 if No | 0=No<br>1=Yes<br>9=In some cases, yes and in others no  |  |
| 3        | →[2 is Yes]If 'yes' what is the <i>most important</i> reason you decided to work [Do not prompt and tick the one that matches most, one response only]   | 1=Family income insufficient<br>2=Financial independence,<br>3=Family income sufficient but I wanted to contribute to family income,<br>4=Wanted to send children to a good school (irrespective of income being sufficient /insufficient),<br>5=Wanted to spend time usefully, socialize, get out of the house, etc.<br>77=Other |  |
| 4        | →Where was the work mostly located   | 1= Home-based<br>2= In the village<br>3=Same district<br>4= Same state<br>5= Outside state<br>6=Outside country   |  |
| 5        | →What are the different kinds of paid work that you were engaged in this past one year? [Allow multiple options]   | <u>Can we build a list based on common work?</u>  |  |
| 6        | →In the past year, for all the different kinds of paid work you did, what is the highest wage you earned per 8-hour day [Please convert wages provided per 8 hour days]                                | In Rs.  |  |
| 7        | [Ask all] In general, how much say did you have in this decision on whether or not to undertake paid work  | 1=Nothing<br>2=Some<br>3=Major  |  |
| <b>B</b> | <b>Participation in Non-agricultural work in own account/family run enterprises/ self employed i.e. own enterprise</b>   | 0=No [Go to Question 1]<br>1=Yes [Go to Question 2]   |  |
| 1        | If you did not engage in family/own account non agricultural enterprises, what is the <i>primary/main reason</i> that you did not [Do not prompt; Go to Q3]  | 1= I wanted to but none of this type of work was available that would be suitable for me<br>2= I wanted to but family would not allow<br>3= I wanted to but too many responsibilities<br>4= I did not want to work<br>5=Could not work because of health/disability/physical condition  |  |

|          |  |  |   |
|----------|--|--|---|
|          |  | 6= Family does not have such an enterprise and no resources to have one. <u>[Skip to Section C, if this is marked]</u><br>77=Others (specify)            |   |
| 2        | →[If B=1] Do you have any enterprise that you run independently <i>[this refers to any undertaking managed by the individual on a daily basis – family may support, but individual has control over the conduct of the enterprise]</i> | 0=No<br>1=Yes  |   |
| 2a       | →If Yes, to Q2, specify nature of enterprise(s)  |  |   |
| 3        | →How many household enterprises does your household currently have (not owned or managed by you) that you are involved in? [Number]  |  |   |
| 3a       | If (3) is not 0, what kind of enterprise(s)  |  |   |
| 4        | Do you or your household have at least one enterprise this past year that ran throughout the year <i>[Do not prompt]</i>   | 0= No<br>1= Yes, most of the year<br>2=Yes, throughout the year  |   |
| 5        | Do you have any share at all in the assets of any of these enterprises?  | 0=No<br>1=Yes, some<br>2=Yes, full/sole owner<br>9=No assets required  |   |
| 6        | Do you have a say in the <i>day to day</i> decision of the business managed by your household, that is not your own  | 1=No say<br>2=Some<br>3=Major<br>4=Final/ Main decision-maker<br>88=Not Applicable   |   |
| 7        | Do you have a say in the <i>major</i> decision of the business, that is not your own   | 1=No say<br>2=Some<br>3=Major<br>4=Final/ Main decision-maker<br>88=Not Applicable   |   |
| <b>C</b> | <b>Unpaid agricultural (crop and animal husbandry for own farm/animals)</b>  | <b>0=No [<del>Coder instruction – automate this to 0 if none of 1 is valid</del>] and go to Q4</b><br><b>1=Yes [Set this to 1 if any of Q1 is valid]</b> |   |
| 1        | What are the activities which you have been involved in the past year on your own farm for which would say you have the primary responsibility   | 0=Not engaged at all<br>1= Yes, but not primary role<br>2= Primary role<br>If 2 (Primary role), then ask next column                                     | →If primary role, does anyone else help you out with the work<br>1=Yes<br>0=No<br>88=NA |
| A        | Cultivation  |  |   |
| B        | Engagement with livestock (large and small ruminants – cows, buffaloes, goat, sheep etc.)  |  |   |
| C        | Engagement with poultry and beekeeping (Chicken, fowl, ducks)  |  |   |
| D        | Fishing in common pool   |  |   |

|          |  |   |  |
|----------|--|---|--|
| E        | Aquaculture  |   |  |
| F        | Kitchen gardens  |   |  |
| G        | Others (specify)   |   |  |
| 2        | We have talked about different activities on own farms/livestock, we would like to understand what kind of aid or support/inputs you have benefitted from or each of these Have you personally (i.e. individually) received any aid for any of the above <i>[Allow multiple responses]</i> | 1=Credit,<br>2=Asset/in-kind/equipment,<br>3=Training<br>4=Marketing or institutional support   |  |
| 3        | <b>Source of aid</b><br><i>[Multiple options; (1=Yes; 0=No)]</i><br><i>Go to Q5</i>  | 1=Government  |  |
|          |  | 2=NGO   |  |
|          |  | 3=SHG   |  |
|          |  | 4=Private firms   |  |
|          |  | 5=Banks or credit unions  |  |
|          |  | 6=Cooperative   |  |
|          |  | 7=More than one of the above  |  |
|          |  | 8=Moneylender   |  |
|          |  | 0=None  |  |
| 4        | [Ask if Q1 = 0 for all activities, if not skip this and go to Q5] If you did not engage in unpaid agricultural work, what is the <i>primary/main reason</i> that you did not <i>[Do not prompt, proceed to Q5]</i>   | 1= I wanted to but none of this type of work was available that would be suitable for me<br>2= I wanted to but family would not allow<br>3= I wanted to but too many responsibilities<br>4= I did not want to work<br>5=Could not work because of health/disability/physical condition<br>6=Family does not have own land or livestock or allied activities [Skip to Section D]<br>7=Others (specify) |  |
| 5        | [Ask all] How much ‘say’ do you have in decisions (major and minor) in any of the above activities   | 1=No say<br>2=Some<br>3=Major<br>4=Final/Main decision-maker<br>88=Not Applicable   |  |
| <b>D</b> | <b>Unpaid household/domestic work</b>  | <b>0=No [Ask the entire Section without skipping]</b><br><b>1=Yes</b>   |  |
| 1        |  | (a) Do you typically perform these tasks<br>1= Always<br>2=Usually<br>3=Occasionally<br>4=Rarely<br>5=Never [Skip the follow up questions]  | (b) Would you say you have the primary responsibility for this task (responsibility here means performing the task, not just oversight)<br>1=Yes<br>0=No<br><i>[go to (c)]</i> |
|          |  |   | ➔(c) If YES to (b) Does anyone else <i>usually</i> help you out with the work<br>1=Yes<br>0=No   |

| Indirect Care |   |  |  |  |
|---------------|---|--|--|--|
| a             | Washing clothes   |  |  |  |
| b             | Fetching water  |  |  |  |
| c             | Washing utensils  |  |  |  |
| d             | Collecting fuel, firewood   |  |  |  |
| e             | Collecting food (common pool resources)   |  |  |  |
| f             | Purchasing food from market   |  |  |  |
| g             | Processing food   |  |  |  |
| h             | Cooking   |  |  |  |
| i             | Cleaning the house/premises   |  |  |  |
| Direct care   |   |  |  |  |
| j             | Child care,   |  |  |  |
| k             | Elderly care  |  |  |  |
| L             | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>   |  |  |  |
| m             | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>         |  |  |  |
| 2             | <p>➔If yes, or sometimes, how often is it the case that you perform any of these above tasks along with other tasks (multitasking)<br/> <i>[If response is 1-2, then ask questions 3, if not skip to 4]</i></p> | 1= Always<br>2=Usually<br>3=Occasionally<br>4=Rarely<br>5=Never<br>88=Not Applicable |  |  |
| 3             | <i>[Ask all]</i> In the last one week was there any day when you <b>chose</b> not to do any work at all (including not doing domestic work)?  | 1=Yes<br>0=No  |  |  |
| 4             | In general, do you have time to pursue any activity besides household or any other form of work?  | 1=Yes<br>0=No  |  |  |
| 5             | In general, do you feel you get enough sleep or enough rest ?   | 1=Yes<br>0=No  |  |  |
| 6             | How often would you say it is the case that you are the first member of the household to wake up?   | 1= Always<br>2=Usually<br>3=Occasionally<br>4=Rarely<br>5=Never                      |  |  |
| 7             | How often would you say it is the case that you are the last member of the household to go to bed at night?   | 1= Always<br>2=Usually<br>3=Occasionally<br>4=Rarely<br>5=Never                      |  |  |

| <b>E. GENERAL QUESTIONS ON WORK</b> Ask the following set of questions to everyone |   |   |  |
|--|---|---|--|
| 1  | On a typical day this year when you do paid work, how many hours do you spend on the following [hours] ?  |   |  |
|  | Paid work (on and off-farm)   |   |  |
|  | Own enterprise (non-agricultural)   |   |  |
|  | Family enterprise (non-agricultural)  |   |  |
|  | Own farm – cultivation  |   |  |
|  | Own farm-animal husbandry   |   |  |
|  | Indirect care work  |   |  |
|  | Direct care work  |   |  |
| 2  | In general, for the different kinds of work you do, how intense is the <b>majority</b> of the work that you do?<br><i>Do not prompt</i>   | [1=Back-breaking; 2=Heavy; 3=Moderate; 4=Light; 5=Sedentary]  |  |
| 3  | In any work that you do, at the workplace (paid work, household enterprise, agriculture or domestic and unpaid work) would you say there is <b>moderate to high risk</b> of any risk (injury, death, major health problems, harassment (sexual and physical abuse) ?  | 0= No<br>1=Yes, one or the other problems exists in some of the tasks I do<br>2=Yes, one or the other problems exists in most of the tasks I do |  |
| 4  | For operations that involve the use of hazardous substances or where risks of injury exist, do you use measures to protect yourself [masks, helmets, gloves, footwear, etc.] ?  | 1=Yes<br>0=No<br>2=Sometimes<br>88=Not Applicable   |  |
| 5  | For someone like you (age, gender and skill), is there paid work available within the village throughout the year?  | 0=No<br>1=Yes<br>9=In some years, not in all  |  |
| 6  | For someone like you (age, gender and skill), in a typical year, how many months of paid work (of any kind) is available within the village?  | In months (half months are ok)  |  |
| 7  | According to you what are the key constraints that prevent people like you undertaking paid work?<br><i>[Do not prompt, let the respondent mention the salient issues, once those are recorded, just confirm that the others are not relevant or are not issues.]</i><br>[1=Big issue, 2=Significant issue, 3=Small issue, 4=No issue at all] |   |  |
| a  | Persons of my sex (women /men) are discouraged from working in my community   |   |  |
| b  | Indirect care work (Household work prevents us from doing so)   |   |  |
| c  | Work in family enterprises, own agriculture/livestock work  |   |  |
| d  | Direct care (care of children and elderly prevents us from taking up paid work)   |   |  |
| e  | Not enough jobs   |   |  |
| f  | Jobs are not of the kind that are suitable (in terms of work timings and pay)   |   |  |
| g  | Jobs are given to those from certain communities, castes (discrimination and networks)  |   |  |
| 8  | Which of the following situations is considered acceptable for someone of your sex, within your community<br><i>[Read each option. Need responses for all the options]</i>  |   |  |
| a  | Working outside the village – Alone   | 0=No<br>1=Yes   |  |
| b  | Working outside the village –With Spouse  |   |  |
| c  | Working outside the village with same sex individuals   |   |  |

|   |  |   |  |
|---|--|---|--|
| d | Working within the village - Alone   |   |  |
| e | Working within the village –With Spouse  |   |  |
| f | Working within the village with same sex individuals   |   |  |
| 8 | For someone like you (age, gender, skill) do you believe there are opportunities to obtain training for employment if you wished to? | 0=No<br>1=Yes<br>2=Yes, but not enough/poor quality/ not appropriate<br>3=Yes, but hard to access (corruption, complexity of procedures, eligibility,etc.)<br>4=Not Aware |  |
| 9 | For someone like you (age, gender, skill) do you believe there is financial support to undertake a business or economic activity?    |   |  |



|          |   |   |
|----------|---|---|
| <b>E</b> | <b>Access to sources of income:</b> We have talked about the different kinds of work you have been involved in this past one year. We would now like to focus on your income.<br>[Investigator: Keep in mind the activities that the person engaged in the previous section.] |   |
| 1        | In the past one year have you had any independent source of cash or in-kind (earned or unearned/transfers) [If answer is No skip to Q3 and mark "88" for all parts of Q2]   | 0=No (none)<br>1=Cash only<br>2=Cash and kind (mixed)<br>3=In kind only   |
| 2        | →If, Q1= 1, 2 or 3, what are the sources [Mention all sources, however negligible; mark 0 if answer to 1 is 0. The double lined box refers to earned income, the ones after are unearned income.]   |   |
| a        | Paid work (agricultural/non-agricultural)   | 1= Cash only<br>2=Cash and kind<br>3=In kind only<br>88=Not applicable  |
| b        | Cash earned own account non-agricultural enterprises managed by the individual  |   |
| c        | Cash earned from other family own account non-agricultural enterprises  |   |
| d        | Cash earned from crop cultivation   |   |
| e        | Cash earned from livestock, poultry, kitchen gardens, fish, etc. from own account household agricultural activities.  |   |
| f        | Remittances to you, specifically, from family members working outside the village   |   |
| g        | Parental (family) transfers to you specifically   |   |
| h        | Other family members giving you, specifically   |   |
| i        | NGO/ political parties  |   |
| j        | Interest from deposits/financial instruments accruing to you  |   |
| k        | Governmental transfers to you (pensions, maternity entitlements,  |   |
| l        | Others (specify)  |   |
| 3        | What proportion of what you earn or any cash you receive do you <i>generally</i> keep to yourself?  | 1=Nothing,<br>2=Some<br>3=Major<br>4=All<br>88=Not Applicable   |
| 4        | Overall, how much control do you have over the <b>cash</b> and <b>in-kind income</b> obtained from all of these sources ?   | 1 =No control<br>2=Some control<br>3=Major control<br>4=Full control<br>5=Unable to say (avoid this)<br>88= If different for cash and in-kind, please specify codes |
| 5        | Has there been any instance in the past year, when the money you earned has been spent without your knowledge or consent?   | 1=Yes<br>0=No<br>9=Unable to say(avoid this)  |
| 6        | Do you have access to any money that can spend as you please for your own self (no permission, no <i>hisab/accounts</i> )?  | 1=Yes, always or frequently<br>2=Yes, occasionally<br>3=No, not usually or rarely<br>4=No, never  |

|    |  |   |  |
|----|--|---|--|
| F7 | <b>Access to resources :</b>   | Do you current have this asset in your own name?<br>[1=Yes; 0=No] | How much say would you say you had in renting, mortgage or sale of this asset<br>1=No say<br>2=Some<br>3=Major<br>4=Final/Main decision-maker<br>88=Not Applicable |
| a  | Jewelry  |   |  |
| b  | Cash/deposits  |   |  |
| c  | Land   |   |  |
| d  | Livestock  |   |  |
| e  | Poultry  |   |  |
| f  | House  |   |  |
| 8  | In the past one year has it ever happened that earnings from any of these assets have been used without your consent ? | [1=Yes; 0=No]   |  |

**SECTION 2: FOOD CONSUMPTION**

|   |  |   |  |
|---|--|---|--|
| 1 | Do you have any dietary restrictions (avoidance of meat, milk, eggs, or fasting, etc.)<br><i>Note: These "restrictions" should not be on account of non-availability or medical conditions/chronic illness</i> | 1=Always observe restrictions<br>2=More than once a week<br>3=More than once a month<br>4= Occasionally<br>5= No restrictions[Go to 4]  |  |
| 2 | ➔Why do you do this  | 1=Was instructed to and I had to follow<br>2=Someone asked me to do I wanted to oblige<br>3=Avoid disapproval of others<br>4=On own free will<br>5=Religious practice<br>77=Others(specify)<br>88= Not applicable |  |
| 3 | ➔If you wished to stop, would you be able to   | 1= No/it would be tough<br>2=Yes, with the consent of someone else,<br>3=Yes,<br>88=Not Applicable  |  |
| 4 | In general, within the household, different people have a say in different activities. How much of a say do you have in the following decisions  |   |  |
| a | What is cooked each day  | 1=No say<br>2=Some<br>3=Major,<br>4=Final/Main decision-maker   |  |
| b | What quantity is made  |   |  |
| c | How it is prepared   |   |  |
| d | How food is distributed  |   |  |
| 8 | In general, how much of a say do you have in:  |   |  |
| a | Which crops to cultivate on the land   | 1=No say<br>2=Some<br>3=Major,<br>4=Final/Main decision-maker<br>88=Not Applicable (if they do not have land/kitchen garden or livestock)   |  |
| b | What to grow in the kitchen garden   |   |  |
| c | Which variety to choose from   |   |  |
| d | Which livestock to keep  |   |  |
| e | How to use the products from livestock   |   |  |
| f | How much of the produce to keep back for self-consumption  |   |  |
| g | How much to spend on purchasing food items   |   |  |
| h | What foods to purchase   |   |  |
| i | How much of various food items to purchase   |   |  |
| 5 | How often would you say you eat last   | 1=Always 2=Usually<br>3=Sometimes<br>4=Rarely 5=Never   |  |
| 6 | Does it ever happen that when you eat in the evening:  |   |  |
| a | There is no more food left for you   | 1=Always  |  |

|          |  |  |  |
|----------|--|--|--|
| b        | Not enough of all the items is left  | 2=Usually,<br>3=Sometimes,<br>4=Rarely,<br>5=Never                           |  |
| c        | Only some items are left   |  |  |
| d        | The food you like most/ you want to have most is not left  |  |  |
| 11       | If you wanted to eat your dinner at a time of your convenience would it be possible              | 1=Yes<br>0=No  |  |
| <b>7</b> | <b>Food Inadequacy Experience Scale and Coping Strategies with food shortage</b>                 |  |  |
|          |  | <b>In the last 30 days</b><br>0=No, 1=Yes, 77= Don't know, 88=did not answer | <b>Frequency in the past week (0 to 7 times)</b> |
| a        | You were worried you would run out of food because of a lack of money or other resources         |  |  |
| b        | You were unable to eat healthy and nutritious food because of a lack of money or other resources |  |  |
| c        | You ate only a few kinds of foods because of a lack of money or other resources                  |  |  |
| d        | You had to skip a meal because there was not enough money or other resources to get food         |  |  |
| e        | You ate less than you thought you should because of a lack of money or other resources           |  |  |
| f        | Your household ran out of food because of a lack of money or other resources                     |  |  |
| g        | You were hungry but did not eat because there was not enough money or other resources for food   |  |  |
| h        | You went without eating for a whole day because of a lack of money or other resources            |  |  |

**SECTION 3: HEALTH**

| <b>MORBIDITY AND HEALTH SEEKING</b>      |  |   |  |
|--|--|---|--|
| 1  | In the past 30 days have you suffered from fever/cough/vomiting/diarrhea and inability to perform moderate and heavy tasks   | 0=No [Skip to Q6]<br>1=Yes [Continue to Q2]   |  |
| 2  | ➔How many days did this illness last ( <i>Allow for half days and can be more than 30 days – mark 1.5 for one and a half days for example</i> ).                           |   |  |
|  | Did you seek health care, medical attention?   | 0= No<br>1=Yes  |  |
| 3  | ➔How many days had you been ill before you sought health care [ <i>Allow half days; Write 88 if did not seek healthcare</i> ]  |   |  |
| 4  | ➔➔If Q3=88, what are the reasons you did not seek treatment[ <i>Do not prompt, mark all relevant options; then go to Q5</i> ]  |   |  |
| a  | It was minor, happens often / we generally rely on home remedies.  | 1=if it is a reason,<br>0=if it is not a reason,<br>88= Not applicable  |  |
| b  | Difficult to seek treatment (time, effort, cost, availability of doctor)   |   |  |
| c  | Family circumstances (responsibilities, no time)   |   |  |
| d  | Others (specify)   |   |  |
| 5  | ➔How many days did this illness prevent you from doing normal work[ <i>Allow half days</i> ]   | Write NA if not applicable  |  |
| <b>CHRONIC HEALTH ISSUES</b>             |  |   |  |
| 6  | In the last 12 months have you experienced any chronic health problems   | 0=No [Go to Q12 ]<br>1=Yes [Go to Q7]   |  |
| 7  | ➔What did you suffer from[ <i>List all that apply</i> ]  | 1=Diabetes<br>2=High blood pressure<br>3=Heart disease,<br>4=Stroke,<br>5=Lung disease<br>6=Chronic pain/ arthritis/ rheumatism<br>7= Gynae issues<br>77=Other chronic illness, specify |  |
| 8  | ➔Have you received treatment for any of these diseases   | 0=No[Go to Q9]<br>1=Yes [Continue with Q10]   |  |
| 9  | ➔➔If NO, what are the reasons you did not seek treatment [ <i>Do not prompt, mark all relevant options</i> ]   |   |  |
| a  | It was minor, happens often / we generally rely on home remedies.  | 0=if it is not a reason,<br>1=if it is a reason,<br>88= Not applicable  |  |
| b  | Difficult to seek treatment (time, effort, cost, availability of doctor)   |   |  |
| c  | Family circumstances (responsibilities, no time)   |   |  |
| d  | Others (specify)   |   |  |
| 10                                       | ➔Did you continue to work despite the illness?   | 1=Yes<br>0=No   |  |
| 11                                       | ➔Could you have opted to rest if you wanted?   | 1=Yes<br>0=No   |  |
| <b>DECISION MAKING AROUND HEALTHCARE</b> |  |   |  |
| 12                                       | In general, if you needed to go to the health centre, is there an expectation that you need to get permission from someone within the family before going for health care? | 1=Yes, otherwise it creates problems<br>2=Yes, but there are no issues if I don't<br>3=No expectation, but I inform<br>4=No expectation, I can go as I please                           |  |

|                                   |   |   |  |
|-----------------------------------|---|---|--|
| 13                                | Can you go <i>alone</i> to the health centre for <i>your</i> treatment?   | 1=Yes<br>0=No   |  |
| 14                                | Do you get some help in household chores when you are sick?   | 1=Yes<br>0=No   |  |
| 15                                | Who usually makes decisions for <i>your</i> health care?  | 1=Respondent<br>2=Other<br>3=Respondent and other jointly   |  |
| 16                                | At this time do you (personally) have any health insurance (private or government)?   | 0=No<br>1=Yes   |  |
| 17                                | Below, we have described certain situations for a man/woman in your community. Use “woman” for WENI woman, MIL and Older woman; use “man” for spouse  |   |  |
| a                                 | A woman [man] in the village has a fever. She [he] is unable to work and would like to rest but she [he] has to continue going to work since the loss of wages would hurt the family’s economic condition. How closely does this resemble your own circumstance   | 1=Exactly like mine<br>2=Close to mine<br>3=Somewhat like mine<br>4=Not at all like mine<br>9=Unable to say   |  |
| b                                 | A woman [man] in the village has a fever. She [he] is unable to work and would like to rest but she [he] has to continue with household chores since there is no one else to take on these tasks and /or expected to continue doing this regardless. How closely does this resemble your own circumstance       | 1=Exactly like mine<br>2=Close to mine<br>3=Somewhat like mine<br>4=Not at all like mine<br>9=Unable to say   |  |
| c                                 | A woman [man] in the village has fever. She [he] would like to see the doctor. But she [he] feels that health care is too expensive and would rather not spend the money on herself [himself] and postpones it – or chooses the cheapest type of facility. How closely does this resemble your own circumstance | 1=Exactly like mine<br>2=Close to mine<br>3=Somewhat like mine<br>4=Not at all like mine<br>9=Unable to say   |  |
| d                                 | A woman [man] in the village has a fever. She [he] would like to see the doctor, but is anxious that this would earn the disapproval of family members if she [he] went to see the doctor on her [his] own. How closely does this resemble your own circumstance  | 1=Exactly like mine<br>2=Close to mine<br>3=Somewhat like mine<br>4=Not at all like mine<br>9=Unable to say   |  |
| <b>Use of household amenities</b> |   |   |  |
| 18                                | How often do you use a toilet?  | 1= Never [Go to Q20]<br>2=Frequently<br>3= Rarely<br>4 = Always   |  |
| 19                                | If the answer is not =1, what type of toilet do you typically use   | IMPROVED<br>1. Flush/pour flush to:<br>- piped sewer system<br>- septic tank<br>- pit latrine<br>- unknown place/not known where<br>2. VIP latrine<br>Pit latrine with slab Composting toilet<br>UNIMPROVED<br>3. Flush/pour flush to: - elsewhere<br>4. Pit latrine without slab/open pit<br>5. Bucket<br>6. Hanging toilet/hanging latrine<br>7. Open defecation No facilities or bush or field |  |
| 20                                | Do you wash your hands after defecating   | 0=No [Go to Q22]<br>1=Yes   |  |

|                         |  |   |  |
|-------------------------|--|---|--|
| 21                      | →If YES, what do you use to wash   | 1=Water only<br>2=Mud/Ash<br>3=Soap<br>77=Others(specify)   |  |
| 22                      | Within the household, have you voiced or been a part of voicing demand for building a toilet<br><i>[This is irrespective of whether household has a toilet or not]</i> | 0=No<br>1=Yes   |  |
| <b>HEALTH KNOWLEDGE</b> |  |   |  |
| 23                      | Have you heard the name of ORS (other local options, e.g., electrolyte)?<br><i>[Do not prompt]</i>   | 0=No<br>1=Yes   |  |
| 24                      | When do you use ORS?<br><i>[Do not prompt]</i>   | Dehydration or diarrhea: If they say the answer, write 1, if not write 0.   |  |
| 25                      | What are the ways that one can get diarrhea?<br><i>[Do not prompt]</i>   | <ul style="list-style-type: none"> <li>• By eating contaminated food</li> <li>• By drinking dirty/contaminated water</li> <li>• By eating from dirty hands or dirty utensils</li> </ul> (Write the number of correct points they make)→   | 0=Does not know<br>1= Knows,<br><br>Number :   |
| 26                      | How does one get malaria   | Mosquito bite (by an infected mosquito): If they say the answer, write 1; if not write 0  |  |
| 27                      | Name some foods that are rich sources of vitamin A <i>[Do not prompt]</i>  | 1. Mangoes 2. Papayas 3. Carrots 4. Pumpkin 5. Green leafy vegetables   |  |
| 28                      | Name some foods that are rich sources of vitamin C <i>[Do not prompt]</i>  | 1. Lemon 2. Aamala 3.guava 4. Oranges 5. Green leafy vegetables   |  |
| 29                      | What is the best source of calcium?<br><i>[Do not prompt]</i>  | Milk or dairy: If they say milk or dairy, write 1; if not write 0   |  |
| 30                      | Which food item helps preventing iodine deficiency?<br><i>[Do not prompt]</i>  | Iodized salt: If they say iodized salt, write 1; if not write 0   |  |
| 31                      | Can you tell me how you can recognize someone who has anaemia?<br><i>[Do not prompt]</i>   | <ul style="list-style-type: none"> <li>• Less energy/weakness</li> <li>• Paleness/pallor</li> <li>• Spoon nails/bent nails (koilonychia)</li> <li>• More likely to become sick (less immunity to infections)</li> </ul> (Write the number of correct points they make) →  | 0= Is unaware of anaemia<br>1=Is aware of anemia but does not know the signs<br>2= Knows,<br><br>Number: |
| 32                      | According to you how can anemia be prevented?<br><i>[Do not prompt]</i>  | <ul style="list-style-type: none"> <li>• Eat/feed iron-rich foods/having a diet rich in iron</li> <li>• Eat/give vitamin-C-rich foods during or right after meals</li> <li>• Take/give iron supplements if prescribed</li> <li>• Treat other causes of anaemia (diseases and infections)</li> <li>• Seek health-care assistance</li> <li>• Continue breastfeeding (for infants 6–23 months old)</li> </ul> (Write the number of correct points they make) → | 0= Is unaware of anaemia<br>1=Is aware of anemia but does not know the signs<br>2= Knows,<br><br>Number: |

**SECTION 4: INSTITUTIONS**

| <b>Access to information</b>                      |  |  |
|---|--|--|
| 1   | How often do you read news paper/ radio/ television  | 1=Everyday/ Almost every day<br>2=At least once a week<br>3=Less than once a week<br>4=Almost never  |
| 2   | Does anybody in the house have a mobile phone?   | 0=No<br>1=Yes  |
| 3   | Do you have a mobile phone of your own?  | 0=No<br>1=Yes  |
| 4   | Do you get information on government schemes through your or any family member's mobile phone  | 0=No<br>1=Yes  |
| <b>Social and Cultural Practices</b>              |  |  |
| 5   | Did you have a say in choosing your spouse?  | 1=No choice<br>2=Consulted but decision taken by others<br>3=Self choice<br>88=Not applicable (for adolescent girls, for example)  |
| 6   | [ONLY WOMEN] Do you practice Ghonghat/Burkha/Pallu/Purdah<br><i>If no, skip 7, if not proceed to 7</i>   | 0=No, never<br>1=Yes, always<br>2=On occasion (specify)<br>77=Other (specify)  |
| 7   | [ONLY WOMEN] → What is the reason you do this?   | 1= I want to because I feel like it and believe it is the right thing to do.<br>2= This is what is commonly done in my community/family and I don't want to offend the community<br>3= I do, because if I don't I may face trouble/ restrictions/abuse, etc. |
| <b>Freedom of Movement and Social Interaction</b> |  |  |
| 8   | Have you ever travelled outside the Gram Panchayat since you started living here (in this village)<br><i>[If from the village, this question is still relevant.]</i> | 0=No<br>1=Yes, outside the village<br>2=Yes, outside the taluka<br>3=Yes, outside the district<br>4=Yes, outside the state<br>5=Yes, outside the country   |
| 9   | Do you know how to operate or drive any transport vehicle (bicycle, motorbike, auto, four-wheeler)?  | 0=No<br>1=Yes  |
| 10  | Do you have a bank account that has your name on it<br><i>If No or Don't know, skip to 13, else ask 11</i>   | 0=No<br>1=Yes, Single operator<br>2=Yes, Joint account<br>99=Don't Know  |
| 11  | → Do you manage your bank account yourself   | 1=Operate alone<br>2=Jointly with husband/others<br>3=Never  |
| 13  | Have you ever visited a bank or post office unaccompanied in order to conduct any business?  | 1= Never<br>2= A few times<br>3=Many times   |
| 14  | Where is your parental family located<br><i>If 3= lives with parents, skip to 16 (as friends might live outside)</i>   | 1=Within village<br>2=Outside village<br>3=Lives with parents  |
| 15  | Can you visit your parental family members/relatives/friends alone   | 1=Yes, with permission<br>2= Yes, I just inform them<br>3= Yes<br>0= No<br>88=Not relevant, live with parents  |
| 16  | When can your family members, who do not live with you come to visit you   | 1= Whenever they feel like   |



|                                  |  |  |  |
|----------------------------------|--|--|--|
|                                  |  | 2= Only when they are invited or permitted to<br>3= Never, almost never, they are not supposed to.<br>88= Live with them, so not relevant  |  |
| 17                               | Do you <i>generally</i> feel comfortable speaking up in public[ <i>Note: public means beyond extended family and neighbours/friends</i> ]  | 0=No<br>1=Yes  |  |
| 18                               | <b>Which of the following have you participated in at least once during the past <i>five years</i></b>   |  |  |
| A                                | Submitting (signing) a petition  | 0=No<br>1=Yes  |  |
| B                                | Rally or protest for any issue   | 0=No<br>1=Yes  |  |
| C                                | Any collective action to demand public services  | 0=No<br>1=Yes  |  |
| D                                | Approached any official collectively or individually seeking intervention  | 0=No<br>1=Yes  |  |
| E                                | Voting (local, state or national)  | 0=No<br>1=Yes  |  |
| F                                | Stood/contested in elections for public office   | 0=No<br>1=Yes  |  |
| G                                | Held positions in the village administration or beyond   | 0=No<br>1=Yes  |  |
| <b>Group membership</b>          |  |  |  |
| 27                               | Are you currently member of any group[ <i>Investigator: These groups can be any of the following: Youth Club/ Cultural group, Trade union/ Business or professional group, Self-help groups/Credit/savings Group, Political party, NGO, Cooperatives, Religious groups, Caste groups</i> ]   | 0=No [Go to 29]<br>1=Yes [Go to 28]<br>88=Not applicable/no group in the village   |  |
| 28                               | In general, which of the following best describe the circumstances under which you join a group  | 1=Of my own accord (...and seeing others do the same)<br>2= Spouse asked me to<br>3= Father in law and mother in law asked me to<br>4= Others  |  |
| 29                               | What are the reasons you did not join  | 1=No time because of family responsibilities<br>2= No time because of work<br>3=No interest<br>4=Other family members already in the group<br>5=Other family members do not like me to be a member<br>6=Not eligible |  |
| 30                               | In general if you wanted to join any of these organizations, would you need to seek anyone's permission to do so   | 0=No; 1= Yes   |  |
| <b>CONFLICT AND DISAGREEMENT</b> |  |  |  |
| 31                               | How often do you have conflicts in the household [ <i>Note: these conflicts can be for any reason below and of any form</i> ]<br><i>Not doing or sharing household work, If you burn the food that you cooked, If you do not take care of your child properly, If the dowry you got is inadequate, If you consume alcohol, If you do not take care of the elderly members properly, If you</i> | Always=1<br>Often=2<br>Sometimes=3<br>Rarely =4<br>Never=5   |  |

|    |  |   |  |
|----|--|---|--|
|    | <i>overspend money or not take permission before spending money, If you spend more time in leisure activities or sleep, If you do not earn enough to cover expenses, If you decide not to give your spouse money, If you eat outside of the home, If your spouse consumes alcohol, Property-related decisions.</i> |   |  |
| 32 | Dissatisfaction within the family can be expressed in many ways. What is your experience of coldness and ignorance/verbal abuse/restrictions on mobility and use of resources/ physical abuse on the following issues. <i>Recall: Read this question aloud but do not prompt.</i>                                  |   |  |
| A  | Coldness and being ignored   | [0 = did not experience; 1= experienced]  |  |
| B  | Verbal abuse   | [0 = did not experience; 1= experienced]  |  |
| C  | Restrictions on movement   | [0 = did not experience; 1= experienced]  |  |
| D  | Physical abuse   | [0 = did not experience; 1= experienced]  |  |
| 33 | ➔In case of physical abuse, who do you rely on most for support (mark all that apply)  | 0=Have none; 1=Spouse; 2=Parents & siblings; 3=Marital family (MIL, FIL, other in-laws); 4=Neighbours; 5=Friends; 6=Others in village;77=Others |  |

